

Public Seminar In Logan Utah

Announcements

Posted by: Admin

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Logan, Utah-Defense for Life, a non-profit foundation, will be conducting a free seminar for the public on Saturday, February 25th.

The Courage for Life seminar is designed to teach everyday Americans easy to learn techniques and principles of self-defense. The seminar will teach principles such as balance, footwork, relaxation and empty-handed attack and defense. These principles will build personal courage through knowledge and application. The special guest instructor will be Master Ron Heimberger of the Ving Tsung Ip Ching Athletic Association. The seminar will be conducted at 2 North Main St., Providence from 10 a.m.-12 p.m. For more information call: Jim at (435)512-6040. There will also be a siu lim tao seminar from 1- 3, and a chum kiu seminar from 3- 5. The cost will be \$50 for siu lim tao and \$75 for chum kiu. Students from all schools are welcome to attend.